Hard Times: Resources for Library Users

The New London Public Library has compiled a list of the best resources on the internet for library users who have fallen on hard times. The sites below can help you learn about developing professions, hone your resumes and interview skills, file for unemployment and social services benefits, and even find a new job!

As always, if you have any questions, do not hesitate to contact our information desk.

Career Resources

These resources will help you learn about average salaries of different jobs, job descriptions, and the future outlook for professions you might be interested in.

- **CT Works**
  - Information on the New London CT Works Office where you'll find career resources, job banks, and workshops to improve your resume.

- **Job and Career Connection**
  - Maintained by the CT Department of Labor, find and learn about an occupation that is right for you then search for education and training opportunities.

- **CT Labor Market**
  - Current employment statistics and job outlooks from the CT Department of Labor

- **Occupational Outlook Handbook**
  - Maintained by the Bureau of Labor Statistics and United States Department of Labor, the handbook gives the earnings, job prospects and job requirements of thousands of jobs across the country.
  - Learn the average salary of thousands of jobs.

- **Salary.com**

Job Search Websites

There are a number of resources online to help you find open positions.

**Government Jobs**

- **USAJobs.gov**
  - The official job website of the federal government.

- **State of Connecticut**
  - The official job website for the State of Connecticut.

- **City of New London**
  - The official job website for the City of New London

- **US Postal Service**
  - Jobs with the US Postal Service

**General Job Search Sites**

- **Indeed**
  - Search by sector to find openings in your area.

- **Idealist**
  - Non-profit organization job openings.
Resume, Cover Letter and Interview Skills

Put your best foot forward with expert advice on crafting an excellent resume and cover letter and presenting yourself well on an interview.

- **CareerOneStop**: Tips and advice for resumes, cover letters from US Department of Labor
- **CT Works**: A listing of resume and cover letter workshops in New London
- **What is a resume?**: A CT Dept. of Labor resource outlining what a resume is and how to make one

Unemployment Benefits and Services

If you’ve recently become unemployed you may be eligible for unemployment benefits from the State of Connecticut or other social service programs.

- **Unemployment Benefits**: File a new unemployment claim with the Connecticut Department of Labor.
- **TVCCA**: Assistance with SNAP benefits (food stamps), housing and energy assistance.
- **211**: A referral hotline administered by the United Way to assist people applying for social service benefits.
- **COBRA – Health Insurance**: Information from the US Dept of Labor about keeping your health insurance after you lose your job.
- **CT Fair Housing**: Foreclosure prevention programs, workshops and case management.